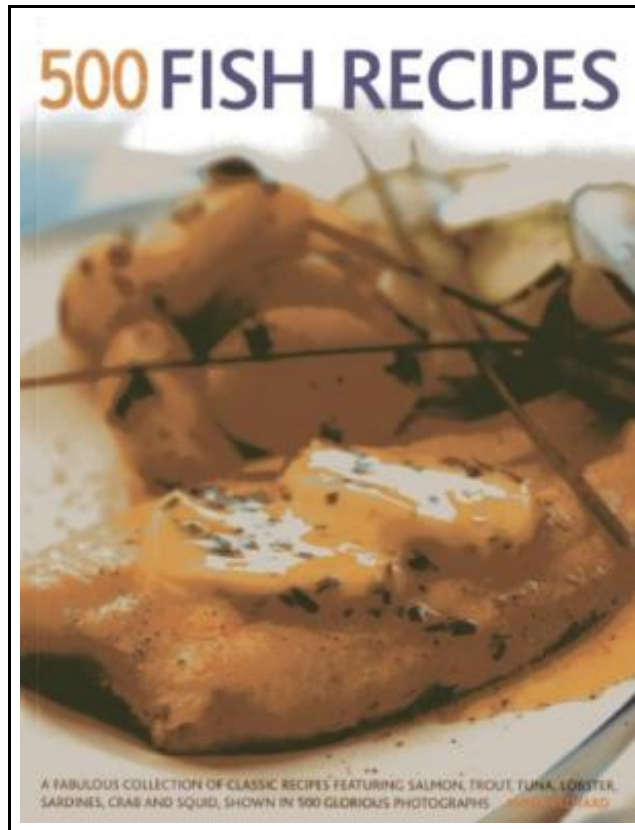


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Hermes House, United Kingdom, 2014. Paperback. Book Condition: New. 280 x 216 mm. Language: English . Brand New Book. In this book, the tempting recipes for every occasion include soups; appetizers and light snacks; mousses, pates and terrines; salads; pasta, noodles and rice dishes; fried and grilled dishes; pies and baked dishes; casseroles, stews and slow-cooked dishes; and sauces for fish and shellfish. It features exciting international cuisine, from Tuna Salad Nicoise and Salmon Teriyaki to Thai Green Fish Curry and Louisiana Seafood Gumbo. You can enjoy the very best in classic and contemporary fish cuisine with Truffle and Lobster Risotto, Trout with Curried Orange Butter, and Fish and Chermoula Mini Pies. Each recipe is illustrated with an enticing photograph of the finished dish and includes practical step-by-step instructions and a full nutritional breakdown, including carbohydrate, sodium and cholesterol. Low in fat and rich in protein, minerals and vitamins, fish and shellfish make a magnificent contribution to good health. Every recipe in this collection has tried-and-tested instructions, a finished photograph to ensure perfect results and a complete nutritional analysis. These easy-to-follow recipes make certain that any standard of cook will be able to achieve delicious results every time. Included are popular classics such as Clam Stovies, Seared Scallops with Chive Sauce, and Salmon with Light Hollandaise and Asparagus as well as contemporary dishes including Chilli Crab Cakes, Moroccan Fish Tagine, and Halibut Steaks with Lemon Butter. In this comprehensive cookbook you can discover recipes from all over the world, with something to please every palate, for every occasion and every season of the year.



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