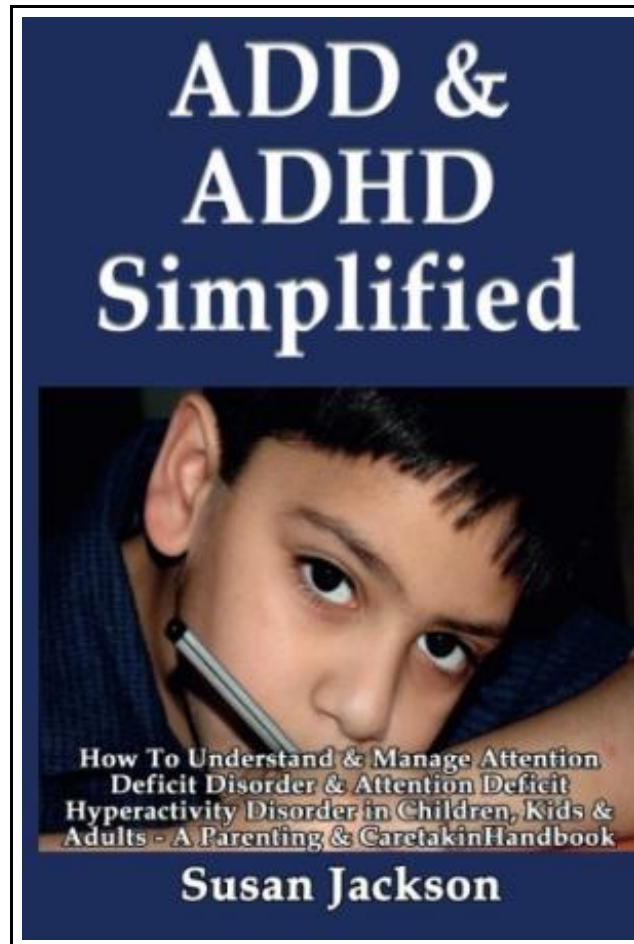


**Add ADHD Simplified: How to Understand Manage
Attention Deficit Disorder Attention Deficit
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(Paperback)**



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Createspace Independent Publishing Platform, United States, 2013. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****.ADD and ADHD are devastating disorders that adversely affect the lives of 18 million adults and children in the United States. Somewhere between 5 and 15 of all young people suffer from the disorder and, in 2006, according to the Center for Disease Control, some 7 million cases of ADHD required ambulatory care. Complicated, disruptive and sometimes devastating, the disorder is the culprit behind behavioral problems, family stress in parenting children and kids with ADHD or ADD, break-ups and even more painful and distressing situations. Attention Deficit Hyperactivity Disorder can include disorders related to all of the following: Hyperactivity Impulsivity Oppositional Defiant Disorder (ODD) and Conduct Disorder (CD) Primary Disorder of Vigilance Bipolar Disorder Anxiety Obsessive-Compulsive Disorder (OCD) Substance Use Disorder Sleep Disorders Yet, even today, it s a disorder that is little understood and mismanaged while parenting children and kids with ADHD or ADD. Often misdiagnosed and seldom addressed, treated or effectively handled, it s a real disorder with characteristics that are undeniable and unique. This ADHD and ADD guide book is intended to supplement, but not replace, an informed discussion of the issue with your physician. Most children or adults diagnosed with ADD or ADHD suffer from some or many of the above. While myths and downright misinformation persist, ADD or ADHD is treatable. This ADHD and ADD guide book will show you how. There is a systematic method for managing and minimizing the effects of parenting children and kids with ADHD or ADD. Young people and adults who suffer the consequences of unruly behavior, continual distractions, mood-swings and listlessness are likely suffering some variant of ADD or ADHD. This ADHD and ADD...



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