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VEGETABLE PERFECTION: 100 DELICIOUS VEGETARIAN RECIPES FOR ROOTS, BULBS, SHOOTS & STEMS



Ryland, Peters & Small Ltd. Hardback. Book Condition: new. BRAND NEW, Vegetable Perfection: 100 Delicious Vegetarian Recipes for Roots, Bulbs, Shoots & Stems, Mat Follas, More than ever before modern chefs use interesting new cooking techniques and ingredients to boost texture, add depth of flavour and make so much more of humble carrots, kale and cauliflower. Vegetable dishes are now storming the menus at some of the world's best restaurants where chefs are treating fresh vegetable produce with the reverence...

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- Authored by Mat Follas
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